

Wallin PE Online Learning Resources



*To make a link active, hold down the control key (ctrl) and click on it.

YouTube Resources

Cosmic Kids Yoga

<https://www.youtube.com/user/CosmicKidsYoga>

Popsugar

<https://www.youtube.com/user/popsugartvfit>

Jumping Jax

https://www.youtube.com/watch?v=dhCM0C6GnrY&disable_polymer=true

Kids Bop Dance Along Videos

https://www.youtube.com/results?search_query=kids+bop+dance+along

Zumba

<https://www.youtube.com/channel/UCOjZigyo fg2V7JdGwePSwg>

Debbie Doo

<https://www.youtube.com/user/DebbieDooTV>

The Learning Station

<https://www.youtube.com/user/TheLearningStation>

Have Fun Teaching (Fitness Songs)

<https://www.youtube.com/watch?v=EpdkqVIsNPY&list=OLAK5uy IJmTxz2k4qLAj-C7usCBC6cl6tyCqeo-Y>

Dance Sweat Live

<https://www.youtube.com/playlist?list=PLC2C841486EB885F1>

Move to Learn

<https://www.youtube.com/user/MoveToLearnMS>

Kid Boomers

<https://www.youtube.com/user/KIBOEMU>

Greg and Steve Movement Songs

https://www.youtube.com/watch?v=j24_xH5uvdA&list=PLv35vtV61OeO0irsgmCP1KA7hGfnG40h1&disable_polymer=true

Other Resources

GoNoodle

www.gonoodle.com

Active Indoor Game Ideas

<https://thedeliberatemom.com/indoor-physical-education-ideas/>

Indoor Fitness Trail (Printables)

<https://blog.connectionsacademy.com/indoor-physical-fitness-trail-for-online-school/>

Operation Kid Fit

<https://www.acefitness.org/education-and-resources/lifestyle/blog/6611/operation-fitkids/>